## SOOIC VETO Eat fresh feel good

# AUTHENTIC WOOD FIRED

LASAGNE RAVIOLI
CALZONI PAPPARDELLE
BRUSCHETTA POCACCIA
PACCHERI BOLOGNESE
CANNELLONI GNOCCHE

FOOD MENU

#### ► STARTERS •

Taste of Sicily Olives VVG£3.95
Big Green Olives sourced from Sicily
Classic Italian Bruschetta VVG£6.95 Sourdough Bread, with Cherry Tomato, Garlic, Oregano, Basil and Extra Virgin Olive Oil
Garlic Focaccia V£6.80 Our own Pizza Base with Fresh Garlic, Extra Virgin Olive Oil, Rosemary and Garlic Butter
Salsiccie Brasate al Vino Rosso con Polenta
Avocado Prawns FMC£8.95  Avocado, Prawns, served in Cocktail Sauce
Mixed Crostini / £11.95 Spicy N'duja di Spilinga, Porcini Mushrooms and Gorgonzola Cheese, Goats Cheese with Honey, Roman style Artichokes with grilled cooked Ham
Parmigiana di Melanzane al Forno V
Guazzetto di Moscardini e Gamberi FMC/
Pepata di Cozze FMC
FOR SHARING
Sapore Vero Platter£21.95 Tray of Salumi, Artichokes, Sicilian Sun-Dried Tomatoes, Scamorza Affumicata, Olives, Buffalo Mozzarella
Tray of Salumi£15.95

Italian Charcuterie Served with Cheese and Fresh Baked Focaccia				
Burrata con Cipolle Caramellate su Letto di Rucola con Prosciutto				
Crudo e Focaccia (Puglia)£15.95				
Fresh Burrata Mozzarella with Homemade Caramelized Onion,				
12 Month Cured Parma Ham and Fresh Raked Focaccia				

#### SALAD

Sapore Vero Salad FMC
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<b>Rocket Salad</b> Vside £6.95 Rocket, Cherry Tomatoes, Spring Red Onion and Olives
Warm Freshly Cut Grilled Veg VVG

#### → Pasta •

Traditional Homemade Lasagne alla Bolognese£14.95 Layers of Egg Lasagne Sheets with Homemade Bolognese Sauce, Mozzarella, Parmesan and Fresh Basil
Cannelloni Spinach & Ricotta V£13.95  Durum Wheat Pasta Filled with Ricotta & Spinach covered with a light Homemade Tomato Sauce, Parmesan and Fresh Basil
Ravioli Wild Boar with Bolognese Ragu'£13.95 Homemade ravioli filled with wild boar and served with traditional ragu' Bolognese
Agnoli Ravioli con Burrata and Tartufo Nero VN£14.95 Fresh ravioli filled with burrata and black truffle served with Porcini mushrooms, cherry tomatoes, in light wine sauce, walnuts
Pappardelle Bolognese£12.95  Durum Wheat Pasta with Homemade Beef Bolognese Sauce, Parmesan and Basil
Penne Arrabiata V

SPECIAL PASTA
Paccheri Sapore Vero£15.85 Artisanal Paccheri with Fresh Sausage, Porcini Mushrooms, Scamorzas and Cream
Paccheri ai Gamberi e Porcini FMC
Beef Shin Ravioli /£17.95 Artisanal made Ravioli filled with Beef Shin Ragu served with Spicy N'duja, Mascarpone and Parmesan
Tagliolini ai Frutti di Mare FMC£18.95 Artisanal Black Tagliolini with Tiger Prawns, Fresh Mussles, Calamari and Seabass in Light Wine Sauce



UNICA pizza dough is made with a unique blend of different flours that imbues healthiness and well being, packed with more fibre, more vitamins and wonderful antioxidants that combined offer superb digestive qualities as well as tantalizing the taste buds and creates flavours to savour.

All our Pizza are made with UNICA base.

VEGAN OPTION AND GF OPTION AVAILABLE. GF IS NOT FOR COELIAC OR SEVERE ALLERGY TO GLUTEN BECAUSE THE BASE IS PREPARED AND COOKED IN THE SAME OVEN AS THE CLASSIC PIZZAS.

V- VEGETARIAN VG - VEGAN N-NUTS ✓- SPICY FMC- FISH/MOLLUSKS/CRUSTACEANS

ALL DISHES ARE PREPARED IN AN ENVIRONMENT THAT IS NOT FREE FROM NUTS, SEEDS, GLUTEN OR LACTOSE. THEREFORE ALL DISHES MAY CONTAIN TRACES OF THESE AND OTHER ALLERGENS. IF YOU HAVE ANY CONCERNS ABOUT THE PRESENCE OF ALLERGENS IN ANY OF OUR MENU ITEMS, PLEASE ASK A MEMBER OF STAFF WHO WILL BE HAPPY TO HELP YOU.



Sapore Vero /£14.95 BIO Tomato, Mozzarella, Crispy Pancetta, Spicy N'duja and Fresh Buffalo Burrata
Sapore Vero on the Road Pizza /£14.95 Bio Tomato, Mozzarella, cooked Ham, Spicy Spianata, Spicy N'duja, Speck
Marinara VVG£9.15 BIO Tomato, Garlic and Fresh Basil
Margherita V£10.95 BIO Tomato, Mozzarella and Fresh Basil
Salame Milano£11.45  BIO Tomato, Mozzarella and Salame Milano
Napoletana FMC£10.95  BIO Tomato, Mozzarella, Anchovies, Capers and Olives
Parma
Prosciutto e Funghi£13.45  BIO Tomato, Mozzarella, Cooked Ham and Mushrooms
<b>Vegetariana</b> V£13.95 BIO Tomato, Mozzarella, Aubergines, Courgettes and Peppers
Calabrese /£13.65  BIO Tomato, Mozzarella, N'duja Sausage from Calabria and Black Olives
<b>4 Stagioni</b> £13.95 BIO Tomato, Mozzarella, Cooked Ham, Artichokes, Mushrooms and Black Olives
Golosa V£13.95 BIO Tomato, Mozzarella, Caramelized Onion, Spinach and Goat Cheese
Pollo Classic /
Milanese ✓£14.65 BIO Tomato, Mozzarella, N'duja Sausage, Aubergines and Fresh Sausage
Mixed Salumi£14.45  BIO Tomato, Mozzarella, Cooked Ham, Spianata and Speck
Fiorentina V£13.45  BIO Tomato, Mozzarella, Spinach and Egg
La Piccante / £13.95 Bio Tomato, Mozzarella, Spicy Homemade Sausage, Porcini Topped with Fresh Buffalo Mozzarella and Rocket
Pizza Parmigiana di Melanzane V£14.95 Bio Tomato, Mozzarella , Parmigiana Aubergines and Scamorza Cheese



NO TOMATO PIZZA
<b>Venafro Pizza</b> £14.95 Mozzarella, Friarialli, Spicy Spianata, Fresh Chilli
Mediterranea V£14.25 Mozzarella, Sicilian Sun-Dried Tomatoes, Courgettes, Buffalo Mozzarella, Basil, Extra Virgin Olive Oil
4 Formaggi, Noci, Porcini N£13.95 Mozzarella, Pecorino, Parmesan and Gorgonzola Cheese with Walnuts and Porcini Mushrooms
Friarielli & Salsiccia£13.45 Mozzarella, Provola, Fresh Sausage and Friarielli (Wild Broccoli)
Calzone Carbonara£13.95  The Classic Carbonara but in Calzone Shape ( Pecorino, Egg, Guanciale )
VEGAN PIZZA
<b>Vegan Margherita</b> V <b>VG</b> BIO Tomato, Vegan Cheese, Basil
<b>Vegana ai Peperoni</b> V <i>VG</i> £12.95 Mix Peppers Cream, Vegan Cheese, Onion, Sundried Tomatoes
<b>Vegan Lush</b> V <i>VG</i> £14.95 Spinach Cream, Aubergines Polpette, Vegan Cheese and Sunblush Tomatoes
Ortolana VVG£14.95 BIO Tomato, Vegan Cheese, Grilled Aubergines, Mix Peppers, Grilled Zucchini and Black Olives
ADD EXTRA TOPPINGS
Extra Mozzarella, Parmesan, Goat Cheese, Pecorino, Buffalo Mozzarella, Mushrooms, Courgette, Mixed Peppers, Aubergines, Rocket, Olives, Spinach, other Veg\$1.70 each
Extra Salame, Spianata, N'duja Sausage, Ham, Parma Ham, other Meat, Vegan Cheese $\$1.90$ $\Theta$ Ch
Extra King Prawns£2.90 each
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DESSERT
Homemade Tiramisu£ 6.95
Torta Tuscia Vegan Vegan Chocolate Cake£ 6.45
Homemade Cannolo Siciliano£ 5.15
Homemade Profiteroles 5.5.75

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Torta Tuscia Vegan Vegan Chocolate Cake	£ 6.45
Homemade Cannolo Siciliano	£ 5.15
Homemade Profiteroles	£ 5.75
<b>Italian Ice Cream</b>	3 scoops £ 8.00
ALEXELE ALEX	

#### CHEESE

Selezione di Formaggi e Mieli Italiani	£ 13.45
Selection of Italian Cheese and Italian Honey	

A discretional service charge of 10% will be added to the bill

# Sacros Vero Exteresh feel good

PROSECCO PERUNI
GRAPPE LIMONCELLO
PINOT GRIGIO BARBOLINO
GMIANTIAPEROL SPRITZ
ESPRESSO MARTINI GAVI di GAVI

ORINIS MENU

#### WHITE WINE

	175ml	250ml	500ml	750ml
Borgo San Leo, Puglia Fresh fruity and pleasantly dry	£8.15	£9.15	£14.95	£21.75
Insolia di Sicilia IGT, Sicily	£8.45	£9.85	£15.85	£23.85
Richly flavoured with delicate tones of pears and melons. Dry and delicate.				

Frascati Superiore DOC, Lazio £8.95 £10.15 £18.95 £26.95

Produced with Malvasia and Trebbiano grapes it is a crisp and pleasant dry wine

Custoza Superiore DOC Veneto NA £15.45 £28.35 £39.95 A rich full-bodied white wine born from 40 years old vineyard in the hill of Custoza, South East of Lake of Garda. Also locally known as "Bianco delle Dame" as it was chosen by Napoleon for his ladies.

Pinot Grigio delle Venezie IGT, Veneto £9.95 £10.85 £20.95 £27.95 Delicate fruity bouquet, with floral notes of almond blossom and peaches. Elegant, soft and well-structured

Vermentino di Sardegna DOC, Sardinia NA NA NA £31.75 Bright straw yellow with greenish reflections, crystalline with good consistency and scents of fresh fruit (green apple, grapefruit, kiwi)

Gavi di Gavi DOCG, Piemonte NA NA S40.95 Elegant and refreshing wine made from Cortese grapes. It is fruity with scents of green apple, lime and pear

Cantina Toblino Sauvignon DOC, Trentino NA NA \$\pm\$35.05 A fruity and persistent 100% Sauvignon with attractive pale straw yellow colour with green reflections. The aroma is fresh and intense with scents of green peppers, elderflowers and sage

ROSE WINE						
	175ml	250ml	500ml	750ml		
Pinot Grigio Rose IGT, Veneto $$£9.95$ $£10.95$ $£20.45$ $£27.95$ Pinot Grigio grapes vinified in contact with the skins producing a delightful wine with an inviting copper colour and attractive floral aromas. On the palate is pleasantly fresh and fruity.						
Chiaretto Spumante "La Picia", Trentino The Rosé-Spumante is a wonderfully light refresh baking. This sparkling wine is very good with fruit	ing aperitif	NA and a goo	£32.45 d compani	£39.15 on to any		

#### PROSECCO & CHAMPAGNE

	125ml	175ml	250ml	500ml	750ml
Prosecco della Casa	£8.95	NA	NA	£23.95	£30.85 .
Prosecco Valdobiadene Superiore	NA	NA	NA	NA	£36.85
Laurent Perrier Rose	NA	NA	NA	NA	£90.45
Veuve Clicquot Brut NV Champa	gne NA	NA	NA	NA	£82.95

#### RED WINE

Borgo Sanleo DOC, Puglia	£8.15	£9.15	£15.35	£21.95
Light rubu-red colour, it has fresh and delicious	vinositu, the	flavour is	dru, well b	alanced

175ml

250ml

500ml

750ml

Light ruby–red colour, it has fresh and delicious vinosity, the flavour is dry, well balanced and fruity

## Monte Pulciano D' Abbruzzo DOC,

Abbruzzo \$£8.65 £9.45 £15.85 £24.85 Brilliant attractive and warm ruby-red colour, the bouquet is ample and remarkably

Brilliant attractive and warm ruby-red colour, the bouquet is ample and remarkably complex with various vinous and characteristic tones

Chianti DOCG, Toscana NA  $\pounds 9.65$   $\pounds 18.85$   $\pounds 27.95$  Pleasant and intense with outstanding aromas of red flowers, berries and subtle notes of plums. The flavour is full-bodied with well integrated fine textured tannins and fruit finish

Salice Salentino DOC, Puglia NA £9.95 £19.15 £30.95 Extraordinary deep red in colour. Intensely fruity notes of cherry and cassis with hints of toasted coffee and dark chocolate

Bardolino DOC, Veneto NA NA £20.25 £31.45 Dry and well balanced with a slightly bitter cherry persistency on the palate. This wine is produced from specially selected grapes from the vineyards situated in the South Eastern region of Lake of Bencanese, fresh and fruity blend

Valpolicella Classico DOC, Veneto NA NA NA £36.95 Valpolicella Classico is a dry wine with brilliant ruby red colour. It has berries and cherry blossom, along with characteristic spiciness

Negroamaro del Salento IGT NA NA NA £35.25 The freshness of mint, the passionate fragrance of cassis, and compelling warmth with raspberry notes give this wine a unique soul

### - FINEWINE

175ml	250ml	500ml	750ml

#### Amarone della Valpolicella DOC Classico

DOC Classico NA NA  $\pounds 50.75$   $\pounds 73.45$  An incomparable Amarone, made from the ripest, specially selected grape clusters that are

An incomparable Amarone, made from the ripest, specially selected grape clusters that ar hand harvested, specially dried under controlled conditions for 120 days and barrel aged for 2 years in French oak

## Ripasso della Valpolicella

Superiore DOC NA NA \$33.25 \$45.95 With dark ruby red colour, this wine is full and intense with notes of cherries, ripe red fruit, jam and light spices such as pepper and cinnamon, hints of grass, dry, fruity, pleasantly well-balanced



#### BEER & CIDER •

Peroni Nastro Azzurro 5.1% 330ml£4.75
Moretti 5.2% 330ml
La Gradisca 5.2% 330ml / 500ml
Mastri Birrai Umbri         Yellow 5.0% 330ml.       \$6.9         Red 5.5% 330ml       \$7.1
<b>La Midona</b> 6.5% 500ml
<b>La Volpina</b> 6.5% 500ml
Peroni Libera 0% alcohol 330ml £4.28
Italian Craft Cider 5% 500ml£7.4

#### SPIRITS & MIXERS •

25ml measures		Gin/Vodka 25ml	from £5.45
Gin & Tonic	£7.35	Limoncello/Sambuco	<b>1</b> from £4.15
Gin & Lemon	£7.35	Montenegro/Amari	from £4.15
Whisky & Cola	£7.35	Whisky/Grappe 25ml	from £6.15
Vodka & Lemonade	£7.55	Cognac 25ml	from £7.15

#### SOFT DRINKS -

San Pellegrino Orange, Lemon, Blood Orange	£2.75
Coca Cola	£4.15
Diet Coke / Coca Zero	£3.95
Zuegg Juices by the bottle 200ml	£3.85
Fruit Juices by the glass 175ml	£2.25
Natural Italian Water 750ml	£3.45
Sparkling Italian Water 750ml	£3.85



COCKTAILS C	
Aperol Spritz£9.	95
Classic Italian aperitivo with Aperol, Prosecco, Soda Water	
Raspberry Caipiroska	
PornStar Martini£10. Vanilla Vodka, Passõa liqueur, passion-fruit purée, lime juice and sugar shaken and finely strained. Served with a shot of Champagne on the side	
Old Fashioned	95
Tom Collins	
Long Island Iced Tea	
Negroni Sbagliato	95
Moijto£10. <sup>1</sup> Delivering zesty lime with fresh mint and a backbone of crystal clear White Rum, Moijto perfect for any party! White Rum, Sugar, Lime, Mint	
Manhattan	
Amaretto Sour	
Espresso Martini	ry of
Bellini	85
Americano £9.5 A cocktail you'll love at first sip. In fact they say that once you've tried it you'll never get to fits special texture and striking mixture of flavours. Campari, Red Vermouth, Soda Wate	tired
Kir Royale	
Limoncello Bon Bon Limoncello isn't just a digestif; dare we say we actually prefer it as a cocktail. Absolute Vanilla Vodka, Limoncello from Sorrento, Fresh Lemon Juice	95
Negroni £10. With its simple composition of equal parts Gin, Vermouth and Campari, the dry and zin Negroni is one of the punchiest cocktails around. Campari, Vermouth Rosso, Gin	

A discretional service charge of 10% will be added to the bill

# SOOIC VEIO

78 High Street Beckenham Kent BR3 1ED

020 8658 0021

19 Staplehurst Road Hither Green London SE13 5ND

020 8318 3762

18-20 Crystal Palace Parade London SE19 1UA

020 8761 8006

info@saporevero.com www.saporevero.com



We also cater for private parties, weddings and events. Ask us for details.





